

Intelligent Neck Massager

User Manual

Please read this manual carefully before using.

Product Diagram

Extra Electrode pads

Electrode wire

Electrodes



Adjust Intensity

Adjust Heating

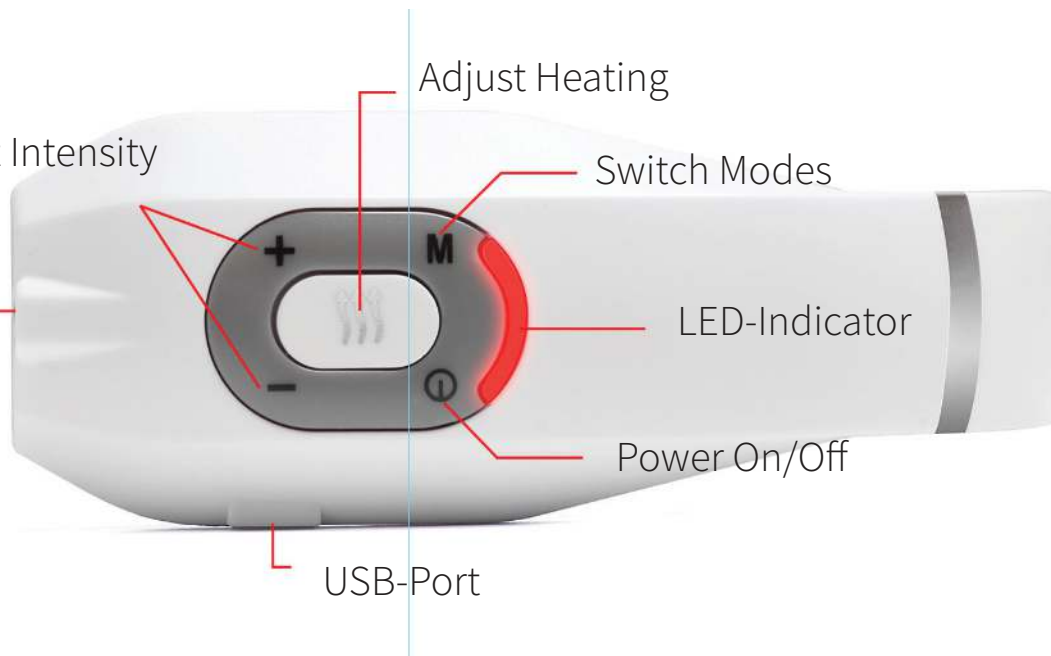
Switch Modes

LED-Indicator

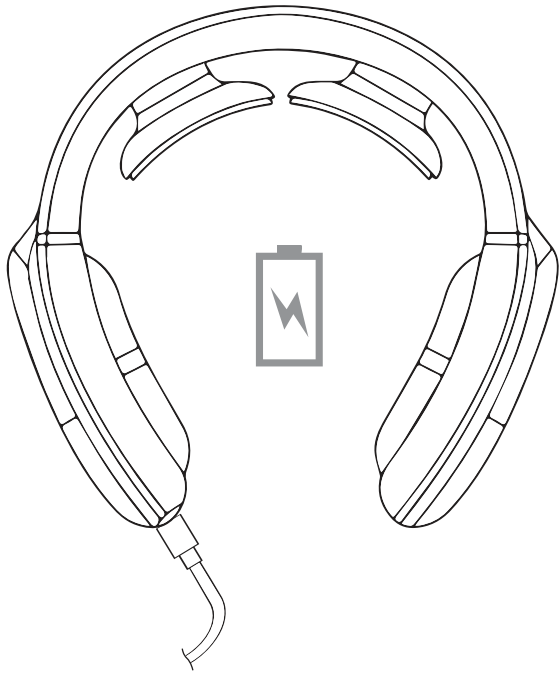
Elektrode Pads Port

Power On/Off

USB-Port



How to Use?



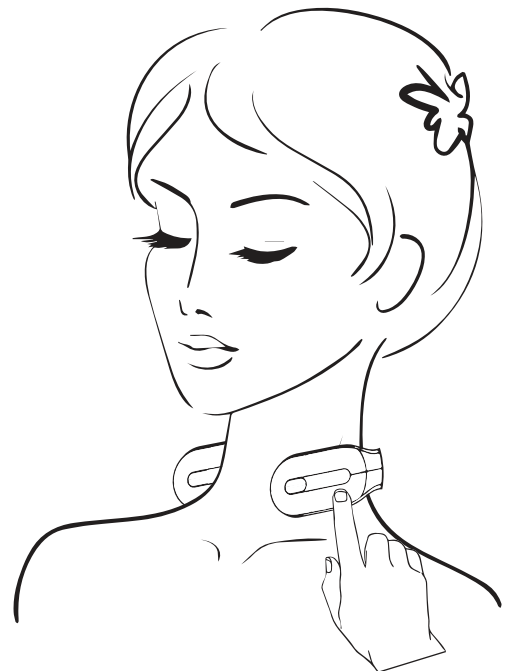
1 Fully charge the massage device before the first use.



2 Use wet towel to dampen your neck slightly.



3 Put on the neck massager and press the power button.



4 Press “+” to increase intensity. Press “M” to switch modes.

Precautions

THIS IS NOT A MEDICAL DEVICE.

THE INFORMATION PROVIDED IS FOR INFORMATIONAL PURPOSES ONLY AND IS NOT INTENDED AS A SUBSTITUTE FOR ADVICE FROM YOUR PHYSICIAN OR HEALTHCARE PROVIDER.

General Safety Information

This massager should never be used to mask undiagnosed pain.

Consult your physician before treating any symptoms of pain.

Do	<ul style="list-style-type: none">✓ Start with low intensity to warm up the muscles.✓ Keep out of reach of children and pets.✓ Use this device for the purpose of physical therapy.✓ Use this device only on the cervical spine.
Do Not	<ul style="list-style-type: none">✗ Put this device into the water or wash with water.✗ Apply it near the heart, above the neck, head, mouth.✗ Use this device in places with high humidity such as the bathroom.✗ Contact the electrodes with any metal object, such as jewelry.

The following people must never use the neck massager:

- Malignant tumor patients.
- Patients with bleeding tendency.
- Pregnant women, lying-in woman.
- Acute suppurative inflammation patients.
- Heart pacemaker users or patients with metal implant.

Note

1. It is normal to feel an electric shock for the first time due to its TENS nature, the device emit tiny current and it is safe to use.
2. If you feel unwell due to an abnormality in this product stop using it immediately.
3. If your body or skin feel strange, consult your doctor immediately.

Product Features

TENS Pulse Technology

Transcutaneous Electrical Nerve Stimulation (TENS) uses electric current to stimulate the nerves for therapeutic purposes. Non invasive and has very few side effects in pain management compare to drug.

6 Massage Modes

Each mode is indicated by different colour.

Acupuncture: Red

Finger Massage: Green

Scraping: Blue

Hammering: Blue + Red

Cupping: Red + Green

Kneading: Red + Green + Blue

Switch modes by pressing the “M” button.

The intensity level returns to 0 after switching modes.

15 Levels of Stimulation Intensities

Start from the lowest intensity at first time, then adjust it after you are adapt to low intensity. Press “+” or “-” to adjust intensities.

3 Level Heating Function

This electric massager provide necessary warmness to ease muscle tension, neck pain, stress and promote blood circulation.

15 Minutes Automatic Timer

This device has built-in safe power protection to protect overuse.

We suggest 15 minutes of daily usage.

Rechargeable

Built-in 1600mAh lithium battery which charges from the USB port.

Takes about 2 hour to charge, support 4 hours of usage.

When charging, flashing red light will appear. Red light will turn off when fully charged.

Troubleshooting

Problems	Possible Cause/ Treatment
Unable to switch on the device	<ul style="list-style-type: none"> - <i>The battery is running low.</i> Recharge the massager through USB.
Normal display but no stimulation/ Cannot feel anything	<ul style="list-style-type: none"> - <i>Are your neck too dry?</i> TENS do not work without conduction. Try to add dampen your neck to improve conductivity. - <i>Is the intensity level too low?</i> Increase the massage intensity. - <i>Is the electrodes cotacted properly?</i> Attach the electrodes firmly on the neck. - <i>Is the battery running low?</i> Recharge the massager.
Weak Simulation	<ul style="list-style-type: none"> - <i>The battery is running low.</i> Recharge the massager through USB. - <i>Is the climate cold and both feet are dry?</i> Use a wet towel to moisten the feet and try again. - <i>Loose connection</i> Adjust the massager position.
Tingling Sensation	<ul style="list-style-type: none"> - <i>Is the massage intensity too high?</i> Adjust to lower levels. - <i>Is the massage time too long?</i> It is recommended to massage for 15 minutes at a time, twice a day.